

Dementia & Creativity: Training for Carers



Spare Tyre is an arts organization that specializes in working with people with dementia and carers. This training will help you think creatively about how you care for and communicate with your loved one, focusing on imaginative techniques for non-verbal communication in every day activities.

The training will help you to:

- be inspired through learning how to bring creativity into every day activities as you are caring for your loved one
- learn new skills to improve non-verbal communication, especially when caring for people with advancing dementia
- have fun and connect with other carers by sharing your experienced and learning from each other

About Spare Tyre

Spare Tyre's mission is to work with voiceless communities and individuals and provide a platform for their unheard stories. We have been working creatively with older people for over 20 years, and with people with dementia for five years.



Our Creative Performances

Once Upon a Time and **The Garden** are interactive performances for older people with dementia, and a training tool for the staff and volunteers who support them. We have been touring these performances across the UK since 2011. Learn more about the programme of work for people living with dementia on our website

www.sparetyre.org

