

The Spare Tyre logo, consisting of the words "spare" and "tyre" stacked vertically in white lowercase letters inside an orange circle.

# ON THE BEACH



“Our group thoroughly enjoyed themselves and so did we”

A sensory performance for people living with dementia and their carers

Created by participatory theatre company Spare Tyre

Touring into care settings and cultural venues across Spring 2024



Supported using public funding by  
**ARTS COUNCIL  
ENGLAND**



# ABOUT THE SHOW

spare  
tyre

*On The Beach...* a place of love, loss, unfathomable strangeness, unexpected joy and the heartbeat of home.

Join us for an interactive, sensory experience for people living with dementia and their carers.

In the span of an hour, we explore a day in the life of a working beach - its myths, magic, perils and ever-changing beauty, drawing on rich traditions the world over. We use dance, music and interactive visual storytelling to engage all the senses.

In 2024, we are still within touching and telling distance of people who worked the shores before plastic, their skills still evident from boatbuilding to fishmongering and net-mending. We meet people who haul and heave, knit and knot and wait on the shore for those whom the songs of the sea are a lived reality.

## **Spend a day with us:**

We can offer 2 performances (AM & PM) or 1 performance and 1 workshop/training session in a day





## Who is it for?

Groups and individual participants at day centres, cultural venues, community halls, residential and specialist care and nursing homes, plus carers, staff and families.

Suitable for people with a wide range of physical and cognitive needs, verbal and physical abilities.

## How many people?

On The Beach performances are for small groups of 6-8 people plus their carers. Workshops are for 12 participants plus carers. We ask that at least 1 member of care staff should be present in care settings.

## What are the benefits?

**On The Beach offers a range of tried and tested wellbeing benefits to participants and hosts:**

-  Experience a world of imagination, adventure, excitement and joy.
-  Increase group interaction, stimulation, self-expression and physical activity.
-  Develop creativity, confidence and new shared experiences.
-  Support people to feel connected and strengthen bonds between residents and between residents and staff.
-  Leave a legacy of creative skills and techniques with participants, staff and carers.

**"Without Spare Tyre our service users would not be able to have this immersive interaction or artistic experience"**

- Yousuf Peshavaria,  
Bangladeshi Parents & Carers Association,  
Tower Hamlets, London





**MAKING ON THE BEACH TOGETHER**

# PRACTICAL INFORMATION

➡ **TOURING SPRING 2024**

➡ **On The Beach is a touring show designed to be compatible with a range of spaces.**

➡ **We are self-contained and arrive with everything we need to transform your space whilst being mindful of your ongoing schedules.**

➡ **We will arrive with two performers , a director and a stage manager.**



Making a lure, used to bait fish

## Technical requirements

- All the technical elements of the show can be run from standard 13Amp mains sockets or from your venue's power
- The company will need 2 hours to set up in the morning and 1 hour to pack up at the end of the day
- Minimum performance/activity space of 5m x 5m
- No sound leakage from other rooms during the show
- Ability to make the room dark is preferable but not essential
- Level access and wheelchair accessible performance/activity space
- Uncarpeted floor is preferable but not essential
- Separate lockable room for performers to change in and to leave their belongings
- Access to toilets and a shower
- Parking space for 1 van and 1 car as near to the entrance/ access point of the venue as possible

# ABOUT SPARE TYRE

Spare Tyre is one of the UK's leading participatory theatre companies with over 45 years experience of making transformational shows with communities.

## MEET THE CREATIVE TEAM

**Rebecca Manson Jones**  
Director & Concept

**Jens Cole**  
Designer

**Ilā Kamalagharan**  
Sound designer

**Alice Kristina Rose**  
Costume Maker

**Pia Richards Glöckner**  
Touring &  
Participation Director

**Kali Chandrasegaram**  
Movement director &  
performer/facilitator

**Sophie Holland**  
Performer/ facilitator

**Crin Claxton**  
Production Manager

**Talullah Harris**  
Technical Stage Manager

**Nur Khairiyah**  
Tour Producer

**Lara Marshall**  
Access Support Worker

**Jazmin Qunta, Sabir,  
Emily Lloyd**  
Workshop Team

**Lisa Muten**  
Associate Artist &  
dementia consultant

## MEET THE COMPANY

**Rebecca Manson Jones**   **Rose Charlton**  
Artistic Director / CEO   General Manager

**Amanda Castro**  
Executive Producer

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We are a registered charity supported by Arts Council England as a National Portfolio Organisation.

Spare Tyre is a charity registered in England & Wales (no.273418) and supported by Arts Council England  
Trustees: Sarah Dean, Katie Welford, Hope Ward-Brown, Alex Yvonne Jones, Chirag Patel  
Artistic Director/CEO: Rebecca Manson Jones, Executive Producer: Amanda Castro, General Manager: Rose Chorlton

info@sparetyre.org 07598 142 058 The Albany, Douglas Way, Deptford, London, SE8 4AG

For bookings and further information  
please contact: [info@sparetyre.org](mailto:info@sparetyre.org)



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